

# Kajukenbo Kenpo♣Jujutsu Association®

Grand Master **PARK** Kenpo Jujutsu

*The American Self-Defense Martial Art™*

Belt Level	Punch Counters	Forms and Skills	Grab Counters
	Swing Batter Shooting Star The Cloak Dbl. Hand Parry	<u>Plano Set 1</u> Crescent Kick 45 Round Kick Step Across Front Kick	Release the Talons Lady Liberty Envelope the Twigs Arms Free Bear Hug
	Angle of Destruction Walk on By Bring About Lead Jab Hook	<u>Plano Set 2</u> Half Moon Kick Skipping Side Kick Basic Falls and Rolls	Jump Tiger Falling Bear Hammer Down Squeeze the Twigs
	Hammer Down Kick Start Ox Jaw Matador	<u>Plano Set 3</u> (123) Shuffle Side Kick Defensive Side Kick A Study in Front Kicks	Lock the Mellon Bump & Sprawl Defensive Crane Hammer Up
	Twist the Melon Meteor Fist Angry Side Wing Pull	<u>Plano Set 4</u> (7) Neutral Side Zone Dbl. Step Back Kick Basic Grappling Skills	Guillotine Champion Walks Single Leg Escape One Hand Clapping
	Dump the Trash Twist the Melon Buckle the Branch Shield and Spear	<u>Plano Set 5</u> (8) Advanced Kicks Low Threat Knife Club Defense	A Study in Bear Hugs Spear and Lock Hi/low Kneel Throw Spear Belly

Example 4<sup>th</sup> degree →



## BLACK BELT

1<sup>st</sup> through 4<sup>th</sup>  
degree black  
material

Spin Down	<u>Plano Set 6</u> (789)	All Escort Grabs
Spinning Top	<u>Naianchi Set 7</u>	Two on One Grabs
Dutch Door	Gang Sets	Clothing Grabs
Stone Drop	High Circle Falls	Defend All Kicks
Tormentor	Judo Throws / Counters	Sparring Skills
Leaping Crane	<u>Crane Set 8</u>	Three on One Grabs
Trip Wire	Handgun Retention	
Open Gate Kick Down	Rope Techniques	
Ude Gatami (a & b)	D.A.R.K. Assaults	
Sankyo (a & b)	Walking Cane	
Kotegaeshi	<u>Dragon Set 9</u>	
Shihonage	Disadvantaged Positions	
Nikyo	Ki Palm Strikes	
Ude Garami	Aikido Randori	

### BLACK BELT DEMO.

1. Hang'em High/throw
2. Tormentor
3. Double Trouble
4. Wing Pull
5. Ice Breaker
6. Side Spear
7. Plant the Mellon
8. Collapse the Branch

All **Black Belt** Degrees will be able to perform this “call-out” demonstration with speed and finesse. This requires that each of you to practice correctly and be a good uke for your partner. Learn both parts!